



# RPFT<sup>Q&As</sup>

Registry Examination for Advanced Pulmonary Function Technologists

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### QUESTION 1

A subject has the following values reported:

$R_{aw}$       2.5 cm H<sub>2</sub>O/L/sec  
 $V_{TG}$       2.0 L

What is the SGAW?

- A. 0.20
- B. 0.80
- C. 1.25
- D. 0.40

Correct Answer: C

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### QUESTION 2

Which of the following is the most reliable indicator that a patient has achieved his maximum exercise capacity during a progressive exercise (stress) test?

- A. Respiratory exchange ratio greater than 0.8
- B. Heart rate of 210/min
- C. VO<sub>2</sub> remains stable with increasing workload
- D. Minute ventilation greater than 170 L/min

Correct Answer: C

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### QUESTION 3

The following arterial blood gas results are obtained during the final workload of a cardiopulmonary exercise test:

pH              7.31  
PaCO<sub>2</sub>        33 torr  
PaO<sub>2</sub>         93 torr  
HCO<sub>3</sub><sup>-</sup>        16.1 mEq/L  
SaO<sub>2</sub>         97%  
Hb             15.6 g/dL

Which of the following best explains these results?

- A. IV solution has contaminated the blood sample.

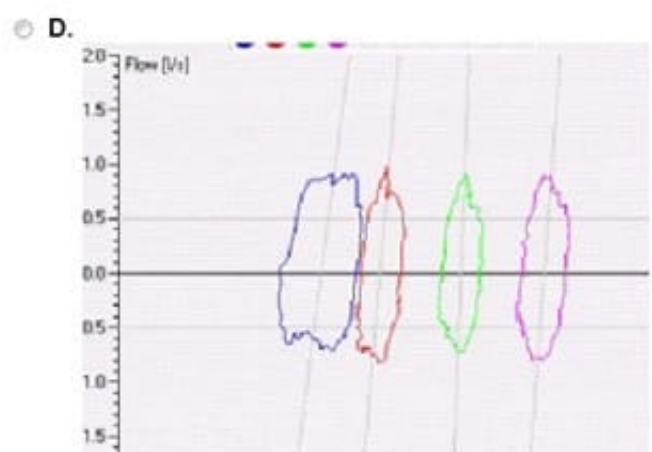
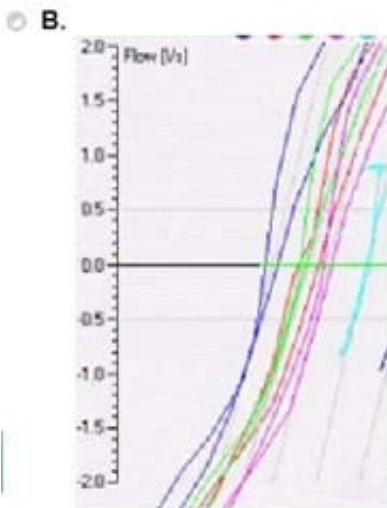
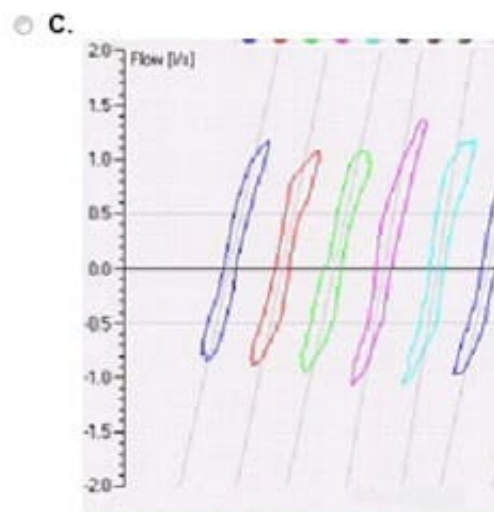
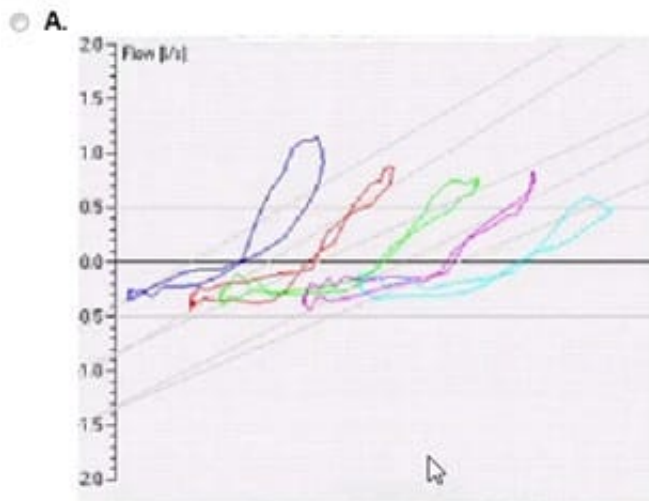


- B. Blood gas results are normal for someone at end-exercise.
- C. The test indicates a right-to-left shunt.
- D. There is air contamination since the PaCO<sub>2</sub> is so low.

Correct Answer: B

#### QUESTION 4

Which of the following tracings represents an airways resistance maneuver performed with a slow breathing frequency?



- A. Option A
- B. Option B
- C. Option C
- D. Option D



Correct Answer: D

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### QUESTION 5

The following results were obtained from a symptom-limited exercise (stress) test:

	<u>Observed Maximum</u>	<u>% Predicted Maximum</u>
HR (min)	120	73%
$\dot{V}_E$ (L/min BTPST)	45	103%
$\dot{V}O_2$ (mL/min STPD)	1380	46%
RER	0.85	

Which of the following is true regarding these data?

- A. The patient is deconditioned.
- B. The patient has a cardiac limitation to exercise.
- C. The patient reached the anaerobic threshold.
- D. The patient has a pulmonary limitation to exercise.

Correct Answer: B

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