

## NREMT<sup>Q&As</sup>

National Registry Emergency Medical Technician

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#### **QUESTION 1**

EMTs should wear high-efficiency particulate air (HEPA) respirators when they are in contact with patients who have which of the following?

- A. HIV or AIDS
- B. Tuberculosis
- C. Open wounds
- D. Hepatitis B

Correct Answer: B

High-efficiency particulate air (HEPA) respirators are worn when in contact with patients who have airborne infections, such as tuberculosis. HIV/AIDS and hepatitis B are both blood borne pathogens. Contaminants from open wounds would also be blood borne.

#### **QUESTION 2**

The first step in artificial ventilation with a bagvalve-mask unit in patients with no suspected trauma is to:

- A. Position the mask correctly on the face using both hands.
- B. Place the patient\\'s head in a hyperextended, sniffing position.
- C. Insert an airway adjunct and select the correct mask size.
- D. Have an assistant squeeze the bag until the patient\\'s chest rises.

Correct Answer: B

The correct order of steps would be b, c, a, d.

#### **QUESTION 3**

A high pitched sound resulting from turbulent air flow in the upper airway. It may be inspiratory, expiratory or present on both inspiration and expiration. Is called?

- A. Respiratory Arrest
- B. Wheezing
- C. Stridor
- D. Asthma

Correct Answer: C

Stridor is indicative of a severe upper airway obstruction.



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#### **QUESTION 4**

You have responded for a 43-year-old male who was involved in an altercation. The patient was reportedly beaten about the face and head with a baseball bat. The patient is unresponsive. Evaluation of the patient\\'s face reveals instability from the orbits to the mandible. Based on this information, how would you definitively manage this patient\\'s airway?

- A. Immediately assist ventilations with a Bag-Valve-Mask.
- B. Orally intubate the patient and assist ventilations with a Bag-Valve-Mask.
- C. Insert an oral airway and assist ventilations with a Bag-Valve-Mask.
- D. Insert a nasal airway and assist ventilations with a Bag-Valve-Mask.

Correct Answer: B

This patient has an unstable face and an unstable airway. Ultimately, this patient needs to have his airway protected as quickly as possible with an endotracheal tube. With facial instability, it is imperative that an adjunct be placed to ensure that the airway is not occluded by the pressure on the jaw created with the application of the Bag-Valve-Mask.

#### **QUESTION 5**

A blue or greyish coloration of the skin caused be lack of oxygen in the blood is called?

- A. Suffocation
- B. Cyanosis
- C. Tinting
- D. None of the above

Correct Answer: B

Cyanosis occurs when the oxygen saturation of arterial blood falls below 85-90%. It is often presents in the lips and nail beds first.

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