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QUESTION 1

One day postoperative, the client complains of dyspnea, and his respiratory rate (RR) is 35, slightly labored, and there are no breath sounds in the lower-right base.

The nurse should suspect _____.

- A. cor pulmonale
- B. atelectasis
- C. pulmonary embolus
- D. cardiac tamponade

Correct Answer: B

The first three symptoms could be indicative of any of the conditions.

The distinguishing symptom is the lack of breath sounds in the lower-right base, which is assessed when a portion of the lung has collapsed.

QUESTION 2

Which of the following foods can cause diarrhea when eaten by a client with an ileostomy?

- A. eggs
- B. coffee
- C. fish
- D. garlic

Correct Answer: B

Coffee might cause diarrhea in a client with an ileostomy. The other foods might cause odor.

QUESTION 3

The three major sequential maturational crises for females include _____.

- A. puberty, pregnancy, and menopause
- B. death of a spouse, menopause, and childbirth
- C. rape, divorce, and menarche
- D. dating, engagement, and separation



Correct Answer: A

The three major sequential maturational crises affecting females are puberty, pregnancy, and menopause.

These are life events that have been studied by many researchers and are considered the major events in a woman's life.

Puberty is the onset menarche.

Pregnancy is a turning point in one's life from which there is no return.

Menopause is the cessation of menses.

The nurse has the responsibility to assess, plan, implement appropriate concepts to facilitate effective functioning, and enhance growth and development. Choices "death of a spouse, menopause, and childbirth.", "rape, divorce, and menarche." and "dating, engagement, and separation." are not sequential maturational crises.

QUESTION 4

How does the ANA define the psychiatric nursing role?

- A. a specialized area of nursing practice that employs theories of human behavior as its science and the powerful use of self as its art
- B. assisting the therapist to relieve the symptoms of clients
- C. to solve clients' problems and give them the answers
- D. having a client committed to long-term therapy with the nurse

Correct Answer: A

The ANA sets standards of practice for psychiatric and mental health nursing roles.

Quality of care, performance appraisal, education, ethics, collaboration, and research are covered through the use of the Nursing Process.

QUESTION 5

Select the ethical principles that are paired with their description. (Choose all that apply.)

- A. Justice: Being honest and fair
- B. Beneficence: Do no harm
- C. Veracity: Treating all patients equally



D. Self-determination: Facilitating patient choices

E. Beneficence: Do good

F. Nonmaleficence: Do no harm

G. Self-determination: Accountability

Correct Answer: DEG

The principle of justice requires us to be fair and just to all.

Fidelity is being faithful to one's promises. By the very nature of the implicit nurse-client relationship, the nurse must be faithful and true to their professional promises and responsibilities by providing high quality, safe care in a competent, scientifically grounded manner while upholding the clients' choices, desires and innate rights.

Beneficence means doing good, it is more than not doing harm. Nonmaleficence is "Do not harm", as stated in the historical Hippocratic Oath. Patient self-determination and autonomy is the ethical principle that supports the patient's right to make their own choices without coercion or the undue influence of others.

Lastly, veracity is truthfulness and being honest with the patients.

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