

MCQS^{Q&As}

Multiple-choice questions for general practitioner (GP) Doctor

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QUESTION 1

A 65-year woman is found on routine CBC to have a hematocrit of 32 percent (normal 37?2) and an MCV of 70 (normal 80?00). Her stool is heme-negative.

What should you do next?

- A. Upper endoscopy
- B. Two more stool tests now
- C. Barium enema
- D. Colonoscopy

Correct Answer: D

Colonoscopy is indicated in all patients > 50 simply as routine screening. Hence, in this case, the patient needs colonoscopy anyway, regardless of what the stool tests show. Another reason to go straight to colonoscopy is the presence of microcytic anemia. Unexplained microcytic anemia in a patient above 50 is most likely caused by colon cancer. Sigmoidoscopy will do nothing to evaluate the right side of the colon and would miss nearly 40 percent of cancers. No matter what a sigmoidoscopy showed, you would need to inspect the right side of the colon. Capsule endoscopy is done to evaluate bleeding when the upper and lower endoscopy are normal and the source of bleeding is likely to be in the small bowel.

QUESTION 2

A 32-year-old woman presents with malaise fatigue and fever. She complains about weight loss. Exam: malar nasolabial fold can be seen.

What is the most appropriate investigation?

- A. Anti-histone
- B. Anti-centromere
- C. Anti-ds DNA
- D. Anti Jo
- E. Anti Scl70

Correct Answer: C

Features are suggestive of SLE. So most appropriate investigation from the given option DNA.

QUESTION 3

A young boy presented with pain, swelling and redness of right side testes and scrotum. Sudden onset pain relieved on uplifting the scrotum.



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What would be the diagnosis?

- A. Torsion testes
- B. Inguinal hernia
- C. Hydrocele
- D. Epididymo-orchitis

Correct Answer: D

According to Prehn\\'s sign, the physical lifting of the testicles relieves the pain of epididymitis but not pain caused by testicular torsion. Negative Prehn\\'s sign indicates no pain relief with lifting the affected testicle, which points towards testicular torsion which is a surgical emergency

QUESTION 4

A 6-weeks postpartum presents with palpitations, tremors, insomnia. Diagnosis?

- A. Hashimoto Thyroiditis
- B. Dysmorphogenesis
- C. Postpartum Thyroiditis

Correct Answer: C

During postpartum thyroiditis, you might experience two phases. T release of thyroid hormone might first cause mild signs and symptoms similar to those of an (hyperthyroidism), including: Anxiety Irritability Rapid heartbeat or palpitations Unexplained weight loss Increased sensitivity to heat Fatigue Tremor Insomnia These signs and symptoms typically occur one to four months after delivery and last one to the Later, as thyroid cells become impaired, mild signs and symptoms of underactive thyroid (hypot develop, including: Lack of energy Increased sensitivity to cold Constipation Dry skin Difficulty concentrating Aches and pains These signs and symptoms typically occur four to eight months after delivery and can last from months. Keep in mind, however, that some women who have postpartum thyroiditis develop symptoms o or only hypothyroidism, but not both.

QUESTION 5

A man comes to the clinic having had a painless, firm genital lesion for the last several days. The inguinal adenopathy is painless.

What is the most accurate diagnostic test?

- A. VDRL
- B. RPR
- C. Darkfield microscopic exam

Correct Answer: C

The VDRL and RPR are only 75 percent sensitive in primary syphilis. There is a false negative rate of 25 percent. The



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most accurate test in primary syphilis is dark field microscopy.

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