



ASWB Clinical Level Social Work Licensing Exam

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QUESTION 1

Clinical social workers demonstrate responsibility towards clients, colleagues, practice settings, and to the social work profession. Professionals within this setting are accountable for staff and their ability to follow the codes set forth for ethical behavior. Which of the following would be considered a violation?

- A. Transferring a case to another colleague with more expertise
- B. Searching outside of the agency for clients\\' needs
- C. Sharing a client\\'s information outside the agency without the client\\'s consent
- D. Sharing information with a colleague to secure services

Correct Answer: C

There should be exchange of information outside the agency without a capable client\\'s written consent. The only exception to this rule is when contact, such as with the police, prevents imminent danger. Clinical social workers need to be knowledgeable of client confidentiality and consent for services.

QUESTION 2

Parenting facilitates a chi|d\\'s development within a safe environ ment. Adaptability to circumstances and changing requirements are related to perceptiveness, filexibility and responsiveness. What type of parenting is being described?

- A. Competent
- B. Submissive
- C. Authoritative
- D. Aggressive

Correct Answer: A

Assessments in parenting rely on three determinants: clarity, understanding problems, and capacity. A competent parent needs to be aware of their child, connect with the child and have the ability to respond in numerous ways.

QUESTION 3

Group therapy is intended to help clients associate with other indMduals dealing with the same conflicts or problems. An indMdual can share feelings and thoughts while others provide feedback. One specific type of group therapy helps clients having difficulties coping with problems in their lives. The goal is to improve personal development and solve emotional dilemmas. What form of group therapy is being described?

A. Client-centered

- B. Psychotherapy
- C. Cognitive therapy



D. Behaviour therapy

Correct Answer: B

Psychotherapy focuses on relationship problems and interpersonal interactions. The clinical social worker chooses participants based on a common need. Many indMduals benefit greatly from this form of treatment and tend become a useful influence on others within the group.

QUESTION 4

A basic model of how people experience grief and loss comes from a well-known theory first posited by Elisabeth Kubler-Ross. It involved five stages that people move through as they work through their loss. Which of the following is not one of those stages?

- A. Denial
- B. Bargaining
- C. Resolution
- D. Acceptance
- Correct Answer: C

Resolution is not one of the stages. They are denial, anger, bargaining, depression, and acceptance.

QUESTION 5

Crisis is a normal part of life, and indMduals try to maintain equilibrium by using coping mechanisms. Sometimes the usual techniques do not work when a problem is threatening. People in crisis may experience guilt, feelings of anxiety, helplessness, and fear. Which of the following criteria are used to determine whether a situation constitutes a crisis?

- A. An indMdual\\'s view and response to an event
- B. How others view and respond to an event
- C. Instincts on what is threatening
- D. Conditioning as to what defines a crisis

Correct Answer: A

When an indMdual sees an event as threatening with no wayto cope, he or she may find themselves in crisis. This is a state of psychological disequilibrium with a number of indicators. Changes will be observed in energy levels, ability to concentrate, sleeping patterns, and social interaction with friends or relatives.

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