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**QUESTION 1**

Documentation is a necessity in the field of clinical social work. Often it is a reflection of the service quality to clients and acts as a communication source for other professionals. Record keeping often consists of comprehensive assessments and a plan of care. Which of the following should documentation include?

- A. Goals and planning
- B. Referral sources
- C. Receipts and disbursements
- D. All of the above

Correct Answer: D

Clinical social work documentation includes a vast amount of information. It starts with the first assessment and ends with the closure of a client's case. Knowledge found within the record keeping will include: ongoing interventions and treatment planning, collaborations, outcomes, confidentiality rights, and signed releases. It is pertinent to always document dates, times and descriptions of client contact.

QUESTION 2

Angela is providing services to a client with a drug abuse problem. There has been a lot of work focused on the issue and very little improvement. Which of the following is a likely reason for lack of progress with this client?

- A. The client has been placed in a passive, helpless role
- B. The client is not adhering to legalities
- C. The social worker is not reinforcing the problem
- D. The social worker has not focused on withdrawal symptoms

Correct Answer: A

A client with a drug abuse problem may fail to make progress if he or she is placed in a passive, helpless role. The professional needs to move from discussing what is wrong to emphasizing what is right. Utilizing solution-focused therapy, a client becomes the expert in determining how to achieve success. Clinical social workers need to concentrate on the future and direct the client's thinking.

QUESTION 3

Dysfunctional families do not talk about their feelings or activities. Non-communication and secrecy is seen as the solution to unsolvable problems. Members within the family feel that opening up to someone will make them vulnerable to judgment. Due to a lack of communication and the existence of secrets, dysfunctional families live with constant:

- A. Emotional abuse
- B. Anger and fear



- C. Unconscious violent behaviors
- D. None of the above

Correct Answer: B

Dysfunctional families believe their patterns of communication are dependent upon their survival. It is an unwritten rule not to talk about actions or feelings thought to be shameful. Anger and fear become a way of life, rarely noticed by family members. In turn, this causes problems with health, relationships and self-esteem.

QUESTION 4

Two clinical social workers are discussing a case in an open conference room. One of the colleagues is consulting with the other about a specific request from a client. Not sure how to handle the situation, expertise from another professional seemed like the best answer. Though consultation is ethically recognized, what issue is being violated in this setting?

- A. Confidentiality
- B. Professionalism
- C. Supervision
- D. Informed consent

Correct Answer: A

To maintain confidentiality the workers should discuss the case in an office or other private setting with the door closed. The fact that the conference room is open means anyone walking by, including other clients, can overhear details of the case.

QUESTION 5

Persistent unhappiness, loss of appetite, changes in sleep patterns, withdrawal and a decrease in energy are all symptoms of what mental illness?

- A. Chronic fatigue syndrome
- B. Depression
- C. Bi-polar disorder
- D. Alter-ego

Correct Answer: B

Depression is a mood disorder in which feelings of sadness, frustration, loss and anger interfere with day-to-day life for an extended period of time. Low self-esteem and anger are common. The degree of depression may be mild, moderate or severe, determining the amount of treatment required by a professional.