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**QUESTION 1**

Ashley's family has sought out the services of a clinical social worker to determine what kind of problems their child is having. She tends to display involuntary movements such as repeatedly blinking her eyes and saying things at inappropriate times. These issues have worsened with age. Her father states that there is an uncle in the family who demonstrates the same behaviors. What might be the findings of the social worker's assessment?

- A. Obsessive compulsive behavior
- B. Narcissistic disorder
- C. Tourette syndrome
- D. Alter-ego disorder

Correct Answer: C

People with Tourette syndrome display behaviors that they think need to be performed before they can relax or calm down. Tics, or involuntary body movements, will increase with anxiety and excitement. Family members with the same disorder can be found in one third of all cases.

QUESTION 2

A clinical social worker is contacted by a family receiving services. Due to cutbacks, the father of the household has been let go from his job and not been successful in finding new work. The fuel oil has run out that provides this family with heat, and they have no current method to pay for more. The weather forecast is calling for dangerously cold temperatures within the next 48 hours, and there are two small children in the home. Since the human service office does not currently have the funding to provide assistance, what should the clinical social worker do next?

- A. Pay the bill out of pocket and wait for reimbursement
- B. Staff should not have waited this long to report an emergency
- C. Take up a donation from all staff
- D. Locate other resources that may be available

Correct Answer: D

Clinical social workers should be knowledgeable of resources through other agencies based on referrals and partnerships. Once an available source is found, the professional can assist the client in obtaining the necessary funding. Social workers practice advocacy in and out of their agencies to secure resources meeting client's needs.

QUESTION 3

During a crisis situation, it is important to prevent extreme mental, physical, behavioral and emotional reactions. A system of interventions begins shortly after the incident by a team of highly skilled professionals. This team normally includes mental health experts, support personnel and clergy. The intervention system includes support groups, stress management and one-on-one programs. What system is being described?

- A. Critical incident stress management



B. Critical incident post reactive

C. Positive debriefing

D. None of the above

Correct Answer: A

Critical incident stress management or CISM, refers to a system that was initially designed for high-risk professional groups such as disaster response units, military and emergency personnel. This team of professionals helps prevent post-traumatic stress disorder and other associated problems. It is recommended that debriefing occur within 24 hours of the crisis by peer support personnel or emergency service workers.

QUESTION 4

Clinical social workers will sometimes intentionally allow or create an atmosphere that reminds the client of an emotional past. This psychotherapy method can be harmful if not utilized appropriately. Clients will often react in terms of what they are afraid of or need to see, not really knowing why they feel that way. Professionals use this technique to find connections between the clients' past and how they misread the present. What is the method being described?

A. Transference

B. Counter-transference

C. Histrionic development

D. Displacement

Correct Answer: A

Transference brings a client's emotional past and psychological needs into the present. The reaction is often caused by neglect, abuse or unmet needs. The clinical social worker will respond in terms of what is really happening in the present. Clients who do not recognize the difference between present and past will often incur the same problems repeatedly.

QUESTION 5

Miranda is a clinical social worker completing a family assessment. As she acquires more information from the parents on a six-year-old son and his behaviors, it becomes obvious that further evaluation will be required. The child's teacher has contacted the parents with complaints about his conduct at school. He does not appear to be able to focus on specific tasks and becomes bored after a few minutes, failing to complete any assignments. Running around the classroom during quiet time is becoming a daily habit, and the child forgets where he puts things. What kind of assessment will the social worker refer for this child?

A. Learning disability

B. Oppositional defiance disorder

C. Conduct disorder

D. Attention deficit hyperactivity disorder

Correct Answer: D



Attention deficit hyperactivity disorder or ADHD cannot be diagnosed unless it has negatively affected at least two areas of the child's life - for example home life, classroom, community or playground interactions

-for at least six months. ADHD usually appears in children under the age of seven.

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