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**QUESTION 1**

A clinical social worker is helping a family whose primary language is Spanish. The mother and children speak broken English, but there is great difficulty in reading within both languages. When the social worker attempts to orally go over a written consent with the mother, there is much confusion. What is the professional's next step?

- A. Provide the client with a Spanish version
- B. Show the mother where to sign
- C. Provide an interpreter
- D. Inform a supervisor of the problem

Correct Answer: C

It is the clinical social worker's responsibility to ensure a client comprehends the services being provided and does not sign anything without full understanding. If a detailed verbal explanation is not appropriate due to a client's literacy or language barrier, a translator should be provided.

QUESTION 2

Clinical social workers use assessment as an ongoing process with client participation. The purpose is to understand people in relation to their environment through planning, improving and changing. Professionals learn to develop an understanding of particular social problems, kinds of solutions and possible consequences. Most social workers define assessment in relation to the five stages of framework. Which of the following demonstrates this theory?

- A. Data collection, utilizing the data, environmental behavior, outcome, and consequence
- B. Planning, weighing the data, utilizing the analysis, emotional outcome, and consequence
- C. Preparation, data collection, weighing the data, analyzing the data, and utilizing the analysis
- D. Constructing data analysis, planning, analyzing the data, behavior modification, and empowerment

Correct Answer: C

The five stages of assessment framework include preparation, data collection, weighing the data, analyzing the data, and utilizing the data. The first stage is important for determining what data will be relevant and what the limits are on task. As the data is collected, weighed and analyzed, it comes down to the final stage of judgment by the clinical social worker.

QUESTION 3

Cynthia is a clinical social worker in a hospital setting. She is currently taking an online course that explains medical terminology and consults daily with physicians to clarify any questions she may have. Clinical social workers assume the responsibility to increase and specialize in their practice knowledge. Self-study, consultation, and on-going education are all part of what essential activity?

- A. Supervision



- B. Collaboration
- C. Professional development
- D. Resource collection

Correct Answer: C

Quality social work services can be assured when there is strong dedication to credentials, publications, training courses, education and consultation. Professionals are ethically required to be current on research, techniques and theories that guide social work practice.

QUESTION 4

A clinical social worker is having difficulty assessing a client's disorder. Symptoms include compulsions, phobias, anxiety, depression, mood swings, and a sense of detachment from their surroundings. All of these are fairly common problems, so the social worker looks back into the patient's childhood. There she finds a history of sexual abuse by a guardian, though the client seems to have limited memory of the event. This helps the social worker diagnose which disorder?

- A. Post-traumatic stress disorder
- B. Dissociative disorder
- C. Bipolar disorder
- D. None of the above

Correct Answer: B

The client's history of sexual abuse along with symptoms such as compulsions, phobias, anxiety, depression, and mood swings are indicative of dissociative disorder. Dissociative disorder is also known as multiple personality disorder originating from a childhood trauma. Repeat abuse may cause an inability to recall information. Different identities form in an attempt to put these thoughts in their right place. While the dissociative disorder is in response to a childhood trauma, it does not fit the symptoms of post-traumatic stress disorder, which would include "reliving" the event and flashbacks, avoidance, survivor's guilt, and/or severe irritability

QUESTION 5

Bethany seeks the help of a clinical social worker and is soon diagnosed with schizophrenia. The client wants to know how she developed this psychiatric disorder and what she can do to alleviate the symptoms. The social worker brings in some of Bethany's family members to get background information. It is soon discovered that prior studies done on schizophrenia were correct in their findings. A high degree of influence relies on what?

- A. Environment
- B. Physical health
- C. Heredity
- D. Alcoholism

Correct Answer: C



Schizophrenia is one of the most highly studied psychiatric illnesses by scientists. The genetic influence or heredity, accounts for 80% of all diagnosed cases. Environmental influence has not been found relevant and there is no difference in gender.

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