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**QUESTION 1**

A nurse from the surgical care unit has been floated to your unit for the day. Which of the following patients would you want to assign to this nurse?

- A. Exacerbation of heart failure
- B. Diabetes Type II, new onset
- C. Emergency appendectomy
- D. Thyrotoxicosis

Correct Answer: C

The nurse from the surgical care unit should be comfortable taking care of an emergency appendectomy patient. This nurse should be most comfortable with pre- and post-operative patients; therefore, the nurse should choose to give him or her those patients if available.

QUESTION 2

Which of the following consent process will need to be followed for an 86-year-old patient going to surgery?

- A. Give the patient time to process information.
- B. Family members should make decision.
- C. Ask patient to respond immediately so he does not forget.
- D. Give the patient reading material about surgery and postoperative instructions.

Correct Answer: A

The nurse should give the older patient time to process the information. The other options are not appropriate for this patient because the patient should be allowed to make their own decisions if able, not be rushed and provided written instructions in addition to time to process.

QUESTION 3

You are caring for a patient with major depression. The patient has become unable to complete her activities of daily living (ADLs). What intervention should the nurse take to help this patient?

- A. Complete all ADLs for the patient until the patient is able to do so for herself.
- B. Adjust the patient's schedule so that there is enough time for her to complete all her ADLs.
- C. Give the patient consequences for not completing ADLs.
- D. Have peers confront the patient on how noncompliance affects the unit.

Correct Answer: A



Until the patient is able to complete the ADLs, the nurse should complete them for the patient. The symptoms of major depression are depressed mood, loss of interest, changes in appetite and sleep patterns, agitation, fatigue, feelings of worthlessness and recurrent thoughts of death. The patient will not have the energy or interest in completing her ADLs.

QUESTION 4

What is the proper technique for opening the airway on a trauma patient?

- A. Head tilt-chin lift
- B. Flexed position
- C. Modified head tilt-chin lift
- D. Jaw thrust maneuver

Correct Answer: D

To open the airway of any patient that might have a neck injury the nurse would perform a jaw thrust maneuver. All of the other options do not protect the neck from further injury.

QUESTION 5

Your patient has been admitted to the hospital with acute blindness. After many tests are run the physician can find no organic reason for the patient's blindness. You learn that the patient became blind after witnessing a serious car accident where several people were killed. What do you suspect is the cause of the patient's blindness?

- A. Psychosis
- B. Conversion disorder
- C. Dissociative disorder
- D. Depression

Correct Answer: B

The patient is suffering from conversion disorder. The patient has witnessed something so unbelievable that they have gone blind in order to deal with the conflict. Conversion disorder is when a patient has an alteration or loss of physical functioning that has not pathological cause.

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