



040-444^{Q&As}

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QUESTION 1

Which of the following is one cause of a wide QRS complex?

- A. Hypokalemia.
- B. Defective intraventricular conduction.
- C. Right atrial enlargement.
- D. Abnormal ST segment

Correct Answer: B

QUESTION 2

Which of the following is NOT considered to be an absolute contraindication to exercise testing?

- A. Unstable angina
- B. Psychosis.
- C. Suspected myocarditis.
- D. Moderate valvular heart disease.

Correct Answer: D

QUESTION 3

Capital budgets

- A. Reflect the costs of implementing a program.
- B. Reflect the costs to operate a program.
- C. Are not necessary with fitness programs.
- D. Are part of the balance sheet in financial reports.

Correct Answer: A

QUESTION 4

Relative contraindications for exercise testing are conditions for which

- A. A physician should be present during the testing procedures.
- B. Exercise testing should not be performed until the condition improves.



- C. Exercise testing will not provide accurate assessment of health-related fitness.
- D. Professional judgment about the risks and benefits of testing should determine whether to conduct an assessment.

Correct Answer: D

QUESTION 5

Athletes may have protein needs greater than those of sedentary individuals. What level of protein intake is the recommended UL for athletes?

- A. 0.8 g/kg.
- B. 1.4 g/kg.
- C. 2.2 g/kg.
- D. 1.7 g/kg.

Correct Answer: D

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